

## DATES AND LOCATIONS

### LYNDEN COMMUNITY CENTER

401 Grover Street • Lynden  
SEPTEMBER 1, 2015 • 12:30PM

### JERN'S CHAPEL THRESHOLD SINGERS

800 East Sunset Drive • Bellingham  
SEPTEMBER 9, 2015 • 6:30PM

### CENTER FOR SPIRITUAL LIVING

2224 Yew Street Road, Bellingham  
September 20, 2015 12:30PM

### ART OF DEATH

Fireside Room, Fairhaven Library  
1117 12th Street, Bellingham  
October 2, 2015, 9:00AM

### NORTHWEST REGIONAL COUNCIL

Padilla Bay Conference Center,  
Mount Vernon  
October 7, 2015, 1:30PM

### SILVER REEF CASINO ALZHEIMER SOCIETY OF WASHINGTON

4876 Haxton Way • Ferndale  
OCTOBER 23, 2015 • 1:20PM

### WHATCOM EDUCATIONAL CREDIT UNION

511 East Holly Street • Bellingham  
NOVEMBER 4, 2015 • 6:00PM

### BELLINGHAM SENIOR ACTIVITY CENTER

315 Halleck Street • Bellingham  
NOVEMBER 18, 2015 • 1:00PM

### COMMUNITY CO-OP

Connections Building,  
Downtown Bellingham  
January 6, 2016, 6:30PM

### WHATCOM PEACE & JUSTICE CENTER

1220 Bay Street, Bellingham  
February 10, 2016, 6:30PM

### UNITED CHURCH OF FERNDALE

2034 Washington Street, Ferndale  
February 28, 2016, 12:30PM

## MAKE YOUR

# Wishes KNOWN

## *The Realities of Advanced Medical Interventions*

Presented by

ICU Nurses Maureen "Koala" RN & Cathy RN, BSN

In this age of ever advancing medical technology it is difficult to stay "up to date" on the latest strategies to keep us well and thriving.

This presentation addresses, in frank terms, what Advanced Medical Interventions are. Actual outcomes for patients are discussed, for both the short and long term.

CPR, mechanical ventilation, dialysis, and medicines to support blood pressure are detailed. During the presentation, the audience will see some of the actual equipment used. This is an interactive session, with time for questions and dialogue.

Cathy and Koala work in an Intensive Care Unit. The ICU consists of adult medical and surgical patients who have sustained cardiac surgery, strokes, traumas, severe infections and lung disease. These patients typically require full or partial life sustaining measures. They will present in layperson's terms the realities of what these, often heroic, Advanced Medical Interventions mean to the average person and their families.

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**Nurse Cathy** - BSN Certified Critical Care RN, 32 years of Nursing, last 24 years in critical care, nursing instructor and ICU educator.

**Nurse Maureen "Koala"** - RN, Certified Critical Care RN, 26 years Nursing in critical care. She is also a volunteer with the Whatcom Alliance for Healthcare Advancement. Koala is trained in advanced care planning and helping clients complete their advanced directives.

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For Information And Assistance In Advance Care Planning:  
Whatcom Alliance For Health Advancement • 360 788 6594  
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