



Adult Day Health Center

Partnering with you in care

The Adult Day Health Center can help meet the needs of community members who...

- ...are in fragile health and need nursing care
- ...need to maintain or regain physical abilities
- ...have Memory Loss
- ...are lonely and isolated
- ...are Family Caregivers in need of support

The Adult Day Health Center provides several programs to meet a variety of client needs:

- **Adult Day Health Program:** Health support for clients who require skilled nursing or occupational therapy (available Mondays, Tuesdays and Thursdays, 10:00am-2:00pm)
- **Family Caregiver Support Services:** Support groups, community education, caregiver events, consultation and referral
- **New Service! Active Adult Program:** A program for adults who have memory loss or who need positive social interaction (available Monday-Friday, 10:00am-2:00pm)

Special Offer:

Sign up for the

ACTIVE ADULT PROGRAM

and receive FREE ENROLLMENT,

a \$110.00 value!

Call (360) 788-6410 for information

- **Center Hours:** Monday through Friday, 8:00am - 4:30pm
- **Telephone:** (360) 788-6410 **Fax:** (360) 715-6549
- **Address:** 809 E. Chestnut Street, Bellingham, WA 98225
- **Website:** www.peacehealth.org/adultdayservices

The Adult Day Health Center is funded partially by the Northwest Regional Council through Senior Citizens Services Act monies.

St. Joseph Hospital is an Equal Opportunity institution and does not discriminate against any person in employment or admission, treatment or participation in its programs and benefits. Policies are in compliance with Sec. 504 of the Rehabilitation Act of 1973, Title VI of Civil Rights Act of 1963 and with the Americans with Disabilities Act of 1990.